

PHYSIOTHERAPY

At UMHCS, Physiotherapy services are available for inpatients, residents and community clients. A fee is charged for outpatient services.

Physiotherapy services assists people with movement disorders which may be acquired from accidents or injuries (such as motor vehicle accidents, sporting or work injuries) or from life changing major events (such as stroke or disease of the nervous system). Physiotherapy is also concerned with health promotion and prevention of injury and disease.

The Physiotherapist will assess, diagnose and explain your problem to you, and will work with you to develop a treatment plan.

Our service can also provide mobility aid and prescription and assistance with the purchase of equipment, e.g. knee or wrist braces and we also run home based exercise programs e.g. strengthening, walking, and cardiac problems. We undertake home visits as required and we work closely with HACC staff.